



## PSHE at St John's

Through Personal, Social and Health Education we aim to encourage the children at St John's Primary School to stay safe, be healthy, enjoy and achieve, to make a positive contribution and to achieve economic wellbeing. In order for us to achieve this we will promote self-esteem, responsibility, relationships, respect and being a part of different communities. We want all children will be 'lifelong learners' with the confidence and ability to develop their skills and understanding when having new experiences, meeting new challenges and finding themselves in unfamiliar situations.

PSHE at St Johns is implemented by following the whole school scheme with Kapow; which aims to give children the knowledge, skills, and attitudes they need to effectively navigate the complexities of life in the 21st Century. The five themes that are covered are: Family and relationships, Health and wellbeing, Safety and the changing body, Citizenship and Economic wellbeing. PSHE learning comes in many different forms: through whole-class teaching, group activities, individual tasks, assemblies, outside speakers, cross-curricula lessons and discrete lessons. During PSHE sessions children are encouraged to both ask and answer questions, to deepen their knowledge and understanding. A great deal of time is spent considering scenarios and possible responses to them. Each area is revisited every year to allow children to build on prior learning. The lessons also provide a progressive programme. Classes create scrapbooks with snapshots of learning taken from each lesson, presented in an A3 folder.

Through our PSHE curriculum, we believe we can enhance children's education and help them to become caring, respectful, responsible and confident individuals and citizens. Although PSHE is taught as explicit lessons, is also embedded in other areas of the curriculum and day -to-day life of St John's. As a result, our children are supported in developing the following characteristics which link into our Christian Values:

- Happy and positive relationships
- Empathy and compassion
- The confidence to make the most of their abilities
- Value and respect of diversity
- Respect for others' rights to their own values and beliefs
- Evaluation (and appropriate challenge) of the opinions and arguments of others
- Leadership and presentation skills
- Enterprise skills and attributes
- Skills for employability (aspiration, communication, creativity, goal setting)

We want children to end their journey with us at St Johns being able to move onto the next stage of their education with self-confidence and a high sense of self-worth.